Nutrition and Physical Activity Programs in New Jersey

National



Agency/Institution:	Action for Healthy Kids
Address:	4711 West Golf Road, Suite 625, Skokie, IL 60076
Phone:	800-416-5136
Website:	www.actionforhealthykids.org
Focus:	Addresses the epidemic of overweight, sedentary, and
	undernourished youth by focusing on changes in schools to improve
	nutrition and increase physical activity.

Agency/Institution:	America on the Move
Phone:	800-807-0077
Website:	www.americaonthemove.org
Focus:	To improve the health and quality of life by promoting healthful eating and active living among individuals, families, communities and society.

Agency/Institution:	American Cancer Society
Phone:	800-ACS-2345
Website:	www.cancer.org
Focus:	Dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Prevention programs include the relationship between diet, physical activity and cancer.

Agency/Institution:	American Diabetes Association
Address:	1701 North Beauregard Street, Alexandria, VA 22311
Phone:	1-800-DIABETES (1-800-342-2383)
Website:	www.diabetes.org
Focus:	Diabetes research, information and advocacy. Website includes
	information on nutrition & recipies, and weight loss & exercise.

Agency/Institution:	American Dietetic Association
Address:	120 South Riverside Plaza, Suite 2000, Chicago, IL 60606
Phone:	800-877-1600
Website:	www.eatright.org
Focus:	Obesity and overweight, with a focus on children; healthy aging; safe, sustainable and nutritious food supply; nutrigenetics and nutrigenomics; integrative medicine, including supplements and alternative medicine.

Agency/Institution:	American Heart Association
Address:	7272 Greenville Avenue, Dallas, TX 75231
Phone:	1-800-AHA-USA-1
Website:	www.americanheart.org
Focus:	To reduce disability and death from cardiovascular diseases and
	stroke. Website includes information on diet and nutrition, and
	exercise and fitness.

Agency/Institution:	American Institute of Cancer Research
Address:	1759 R Street NW, Washington, D.C. 20009
Phone:	800-843-8114
Website:	www.aicr.org
Focus:	Supports research into the role of diet and nutrition in the prevention and treatment of cancer. Offers a wide range of cancer prevention education programs.

Agency/Institution:	Centers for Disease Control and Prevention
Program Name:	BAM! Body and Mind™
Address:	1600 Clifton Road, MS C-04, Atlanta, GA 30333
Phone:	800-311-3435
Website:	www.bam.gov
Focus:	Fun nutrition and physical activity information for kids.

Agency/Institution:	Centers for Disease Control and Prevention
Program Name:	Division of Nutrition and Physical Activity
Address:	Mail Stop K-46, 4770 Buford Highway, NE
	Atlanta, GA 30341-3717
Phone:	770-488-5820
Website:	www.cdc.gov/nccdphp/dnpa/
Focus:	Epidemiological and behavioral research, surveillance, training and education, intervention development, health promotion and leadership, policy and environmental change, communication and social marketing, and partnership development.

Agency/Institution:	Centers for Disease Control and Prevention
Program Name:	Powerful Bones. Powerful Girls.™
Address:	4770 Buford Highway, NE, MS/K-24, Atlanta, GA 30341-3717
Phone:	770-488-5820
Website:	www.cdc.gov/powerfulbones
Focus:	Calcium information for girls.

Agency/Institution:	Dole 5 A Day Program
Address:	One Dole Drive, Westlake Village, CA 91362
Website:	www.dole5aday.com
Focus:	Information for kids, parents and teachers on how to increase
	consumption of fruits and vegetables.

Agency/Institution:	FoodFit.com
Address:	1655 North Fort Myer Drive, Suite 400, Arlington, VA 22209
Phone:	703-302-1040
Website:	www.foodfit.com
Focus:	Provides up to date information for families on nutrition, culinary
	and fitness resources for a healthier lifestyle.

Agency/Institution:	George Washington University School of Public Health and Health
	Services
Program Name:	Center for Health and Care in Schools
Address:	2121 K Street, NW Suite 250, Washington D.C., 20036
Phone:	202-466-3396
Website:	www.healthinschools.org
Focus:	To strengthen the well being of children and youth through effective
	health programs and health care services in schools.

Key:	Education Materials	♥ Workshops/Classes	Program Evaluation	D Counseling
	Y Equipment or Facilities fo	or Fitness 🍽 Healthy	Choices in Cafeteria/Vendi	ing Machine
	Fruits and Veggies-More	Matters® (new campaign)	replacing 5 A Day Program)	

Agency/Institution:	March of Dimes
Address:	1275 Mamaroneck Avenue, White Plains, NY 10605
Phone:	914-997-4488
Website:	www.modimes.org
Focus:	Provides a healthy library and nutrition information for newborns
	and for pregnant women.

Agency/Institution:	Mid-Atlantic Dairy Association
Program Name:	Dairy Spot
Address:	325 Chestnut Street, Suite 600, Philadelphia, PA 19106
Phone:	215-627-8800
Website:	www.dairyspot.com
Focus:	School nutrition information for teachers.

Agency/Institution:	National Agricultural Library
Program Name:	Nutrition.gov
Address:	10301 Baltimore Avenue, Beltsville, MD 20705-2351
Website:	www.nutrition.gov
Focus:	A guide to nutrition and health information on federal government
	websites.

Agency/Institution:	National Cancer Institute
Address:	6116 Executive Boulevard, Room 3036A, Bethesda, MD 20892-8322
Phone:	1-800-4-CANCER (1-800-422-6237)
Website:	www.cancer.gov
Focus:	Conducts and supports research, training, health information dissemination, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer, rehabilitation from cancer, and the continuing care of cancer patients and the families of cancer patients. Website includes information on weight and obesity, physical activity, and diet.

Key:	Education Materials	♥ Workshops/Classes	Program Evaluation	D Counseling
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Agency/Institution:	National Cancer Institute
Program Name:	Body and Soul
Website:	www.bodyandsoul.nih.gov
Focus:	Health program developed for African American churches.
	Encourages church members to eat a healthy diet rich in fruits and
	vegetables every day for better health.

Agency/Institution:	National Dairy Council
Program Name:	Nutrition Explorations
Address:	10255 West Higgins Road, Suite 900, Rosemont, IL 60018-5616
Phone:	847-803-2000
Website:	www.nutritionexplorations.org
Focus:	Interactive nutrition games for students; downloadable resources
	for teachers and parents.

Agency/Institution:	National Institutes of Health, National Institute of Child Health &
	Human Development
Program Name:	Milk Matters Calcium Education Campaign
Address:	P.O. Box 3006, Rockville, MD 20847
Phone:	1-800-370-2943
Website:	www.nichd.nih.gov/milk/
Focus:	Information for healthcare providers and parents, and fun games for
	children.

Agency/Institution:	Nemours Foundation
Program Name:	KidsHealth
Address:	4600 Touchton Road East, Building 200, Suite 500, Jacksonville, FL
	32246
Phone:	904-232-4100
Website:	www.kidshealth.org
Focus:	Health related information, including nutrition and fitness, for
	parents, kids, and teens.

Agency/Institution:	Pacific Science Center	
Program Name:	Nutrition Cafe	
Website:	www.exhibits.pacsci.org/nutrition	
Focus:	Kids can play games to make learning about nutrition fun.	

Agency/Institution:	Pear Bureau	
Address:	4382 SE International Way Ste A, Milwaukie, OR, 97222-4635	
Phone:	503-652-9720	
Website:	www.usapears.com	
Focus:	Information on pears; their nutritional value, recipes, activities,	
	stories and recipes using pears.	

Agency/Institution:	Produce for Better Health Foundation and the Centers for Disease	
	Control and Prevention	
Program Name:	Fruits & Veggies – More Matters™	
Website:	www.fruitsandveggiesmorematters.org	
Focus:	Encourage Americans to eat more fruits and vegetables	

Key:	Education Materials	♥ Workshops/Classes	Program Evaluation	D Counseling
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Agency/Institution:	The Body Positive
Address:	P.O. Box 7801, Berkeley, CA 94707
Phone:	510-528-0101
Website:	www.thebodypositive.org
Focus:	To teach young people how to have a positive body image and
	healthy relationship with food.

Agency/Institution:	U.S. Department of Agriculture	
Program Name:	Eat Smart, Play Hard	
Website:	www.fns.usda.gov/eatsmartplayhard/	
Focus:	Promotional program with resources targeted to kids to promote	
	healthy eating and physical activity.	

Agency/Institution:	U.S. Department of Agriculture	
Program Name:	Food and Nutrition Information Center	
Address:	10301 Baltimore Avenue, Room 105, Beltsville, MD 20705	
Phone:	301-504-5414	
Website:	www.nal.usda.gov/fnic	
Focus:	A directory to credible, accurate and practical resources for consumers, nutrition and health professionals, and educators; printable format educational materials, government reports, research papers and more.	

Agency/Institution:	U.S. Department of Agriculture	
Program Name:	Food and Nutrition Service	
Address:	3101 Park Center Drive, Room 632, Alexandria, VA 22302	
Website:	www.fns.usda.gov	
Focus:	Information on nutrition assistance programs: child nutrition, food	
	stamps and WIC.	

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Agency/Institution:	U.S. Department of Agriculture, Center for Nutrition Policy and	
	Promotion	
Program Name:	MyPyramid.gov	
Address:	3101 Park Center Drive, Room 1034, Alexandria, VA 22302-1594	
Phone:	1-888-7-PYRAMID (1-888-779-7264)	
Website:	www.mypyramid.gov	
Focus:	Advance and promote dietary guidance for all Americans, and conduct applied research and analyses in nutrition and consumer economics.	

Agency/Institution:	U.S. Department of Agriculture, Food and Nutrition Service	
Program Name:	Team Nutrition	
Address:	3101 Park Center Drive, Room 632, Alexandria, VA 22302	
Phone:	703-305-1624	
Website:	www.teamnutrition.usda.gov	
Focus:	Nutrition resources for schools, educators, parents, kids, school food service. Order free on-line. Enroll schools to join the program.	

Agency/Institution:	U.S. Department of Health and Human Services	
Program Name:	Girl Power	
Website:	www.girlpower.gov	
Focus:	Targets health messages to the unique needs, interests, and	
	challenges of girls.	

Agency/Institution:	U.S. Department of Health and Human Services, National Health	
	Information Center	
Program Name:	Healthfinder.gov	
Address:	P.O. Box 1133, Washington, D.C. 20013-1133	
Website:	www.healthfinder.gov	
Focus:	A guide to reliable health information for consumers.	

Agency/Institution:	Action for Healthy Kids
Address:	4711 West Golf Road, Suite 625, Skokie, IL 60076
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Phone:	800-311-3435
Website:	www.bam.gov
Focus:	Fun nutrition and physical activity information for kids.
Agency/Institution:	Centers for Disease Control and Prevention
Program Name:	VERB TM
Website:	www.verbnow.com
Focus:	Website for kids focusing on physical activity.

Agency/Institution:	FoodFit.com
Address:	1655 North Fort Myer Drive, Suite 400, Arlington, VA 22209
Phone:	703-302-1040
Website:	www.foodfit.com
Focus:	Provides up to date information for families on nutrition, culinary
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Website:	www.kidshealth.org
Focus:	Health related information, including nutrition and fitness, for parents, kids, and teens.

Agency/Institution:	President's Council on Physical Fitness and Sports	
Program Name:	Physical Activity and Fitness Awards Programs	
Address:	501 N. Morton, Suite 104, Bloomington, IN 47404	
Phone:	800-258-8146	
Website:	www.presidentschallenge.org/	
Focus:	Encourages all Americans to make being active part of their	
	everyday lives.	

Agency/Institution:	U.S. Department of Agriculture
Program Name:	Eat Smart, Play Hard
Website:	www.fns.usda.gov/eatsmartplayhard/
Focus:	Promotional program with resources targeted to kids to promote
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Agency/Institution:	YMCA of the USA
Address:	101 North Wacker Drive, Chicago, IL 60606
Phone:	800-872-9622
Website:	www.ymca.net
Focus:	Health and fitness programs, child care, and human services such as
	job training, new immigrant education, teen leadership
	opportunities, parenting classes, and social opportunities.

Agency/Institution:	YWCA of the USA
Address:	1015 18th Street, NW, Suite 1100, Washington, D.C. 20036
Phone:	202-467-0801
Website:	www.ywca.org
Focus:	Health & wellness, fitness, and aquatic programs.